

Risker med tobak under graviditet och spädbarnperiod

Rökning under graviditet

risker under graviditeten

- missfall^{1,2}
- utomkvedshavandeskap³
- dysfunktionell moderkaka (placenta previa, placental abruption eller placentaavlossning)^{4,5}
- tidig födsel (före vecka 37)⁶
- tillväxthämning⁷
- barn med låg födelsevikt (< 2500 g)⁷
- intrauterin fosterdöd⁸
- gom-, käk, läppspalt^{9,10}
- missbildningar som klumpfot⁹, gastroschisis (bukens sluts inte)⁹ och hjärtfel⁹

risker för spädbarnet

- andningsuppehåll hos spädbarn¹¹
- störning av hjärtrytmens reglering hos spädbarn¹²
- plötslig spädbarnsdöd^{13,14}
- ökad risk för beteendestörningar, ADHD¹⁵, diabetes¹⁶ och obesitas¹⁷ hos barnen

Snus under graviditet

risker under graviditeten

- havandeskapsförgiftning¹⁸,
- reducerad födelsevikt¹⁹,
- extrem prematur förlossning (< 28 veckor)^{6,20}
- moderat prematur förlossning (<32-37 veckor)⁶
- intrauterin fosterdöd²¹,
- gom-, käk-, läppspalt¹⁰

risker för spädbarnet

- andningsuppehåll hos spädbarn¹¹
- störning av hjärtrytmens reglering hos spädbarn¹²
- ökad risk för diabetes²²

Passiv rökning under graviditet

- Gravida kvinnor vars partner röker får oftare missfall än kvinnor vars partner inte röker.²³

Amning och tobak

- Då nikotin går över till bröstmjölken kan risken för andningstörningar hos det nyfödda barnet öka. Användning av tobak kan därför inte anses säkert vid amning.

Rökning hos mammor under spädbarnsperioden

- barnet löper dubbelt så stor risk att få astma²⁴
- barnet har en ökad risk att drabbas av infektioner i luftvägarna eller öronen²⁵

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